

Dr. Sharyn Salsberg Ezrin, Psychologist (retired)

Registered Psychologist (C. Psych.) 1982

Ph.D. Carleton University 1978

Retired organizational psychologist and coach with over 30 years' experience in the public and private sectors; a community leader and an award winning professional, teacher, author and media commentator.

Dr. Sharyn Salsberg Ezrin had a private practice for individual clients or groups wanting to plan change in their work or life. Clients came to Sharyn for guidance on career and life planning at a work or personal crossroads. Her book, ***Living Through Transitions: Harnessing your courage at a personal crossroads***, offers a unique framework for anyone experiencing planned and unplanned transitions.

Current role: Independent Philanthropy Professional

Self-Employment periods in Canada: 1986 to 1992 and 1994 to June 2009

Previous work within organizations:

2001-2007 *DBM Canada:* on-site career transition consulting for public, not-for-profit & private sector clients.

1996-2007 *The Niagara Institute:* roles included feedback coach, executive coach & facilitator

1992-1994 *TD Bank:* Human Resources Consultant and Manager, Quality Improvement

1986 *Goldfarb Corporation:* Consultant

1982-1986 *Price Waterhouse Management Consulting:* Management Consultant

Awards

2001 *Ontario Psychological Association's* Public Education Award for 2001 for leadership in bringing mental health issues to the forefront in Toronto

1990 *School of Continuing Studies University of Toronto,* Excellence in Teaching Award

Volunteer and community involvement:

Over the past 20 years, Sharyn has devoted significant attention to community involvement and leadership.

2008-now Royal Conservatory of Music, Campaign Cabinet

2006-now Holy Blossom Temple (Toronto), Lay Cantor

2004-2010 Director, The Ontario Trillium Foundation

1999-now Trustee of the J.B. and Dora Salsberg Fund, Jewish Foundation of Toronto

1997-2003 Director, Board of Jewish Family and Child Services (two terms)

1994-2001 Director, Lester B. Pearson College of the Pacific, United World Colleges (two terms)

1996-2000 Mezzo Soprano with the Toronto Mendelssohn Choir

1991-1999 Trustee, Hospital for Sick Children for eight years

Sharyn has been regularly quoted in Canada's leading business and national media. Her articles on a wide range of topics have appeared in among others *Financial Post*, *The Toronto Star*, *Canadian Business* and *Psychologist of Ontario*.